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Free Lecture and Presentation

Mindfulness and Focus

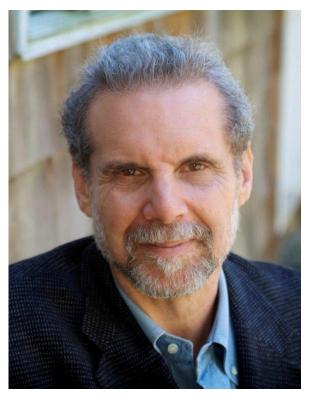
Learn why your success depends more on your ability to focus than your IQ or your education.

Dr. Daniel Goleman Psychologist, Educator and Author

Monday, March 23, 2015 5:30 p.m.

Governors State University Center for Performing Arts

Dr. Daniel Goleman, author of the best-selling and influential book "Emotional Intelligence" and his new book "Focus: The Hidden Driver of Excellence"



Join us for a free presentation followed by Q & A. Dr. Goleman will sign books and CDs after his presentation.

Sponsored by the Metropolitan Institute for Leadership in Education (MILE), College of Education, Teacher Quality Partnership Grant, College of Health and Human Services, and College of Arts and Sciences

For more information, call 708.534.4024 or visit *www.govst.edu/mile*